



Goodbye, Philip Roth: A Personal and Literary Retrospective ***Bette Lehman, Tuesday, October 22, Wellesley College Club*** ***Refreshments at 7 pm, Talk at 7:30 pm***

Growing up in New Jersey in the 1950s had its definite advantages for Bette Lehman. Spending summers on the beach at the Jersey Shore was a genuine bonus, and that is where she met her husband, Stuart, and his long-time friend, Philip Roth. Their friendship was to last life-long.

In her presentation, Bette will share some personal reflections and some literary observations from a unique perspective. She will touch upon Roth's notions regarding his first stirrings as a writer, along with his definitions of the role of the writer, the nature of fiction, and the relationship between Art and Reality. She will explore some of the controversies and triumphs that Roth encountered on the way to earning the title of "The Greatest Living American Author."

To get the most from the discussion, Bette suggests participants read Roth's *Goodbye, Columbus*, the short novella that launched his career at the age of 26 and won the very prestigious National Book Award.

Founder of Reading Between the Lines, Bette is a professional seminar leader who has been designing

seminars and leading book discussions in the greater Boston area for over 25 years. Reading Between the Lines brings together groups of people who wish to

read and discuss works of fine fiction. Through highly interactive discussions, Bette encourages participants to learn from the text, from literary theory, and from each other.



Bette has been recognized in the national press and quoted by the *Wall Street Journal* and *MS Magazine* regarding book groups. She taught for over 10 years at the Cambridge Center for Adult Education, and ran continuing education seminars for alumnae of

Wellesley College. She has made presentations at libraries and book stores and has led discussion groups in several resort communities on Cape Cod and in Florida. She has also organized literary retreats to Canyon Ranch in the Berkshires.

For the past several years, she has designed and taught short story courses for Life-Long Learning Programs at Regis College and Brandeis University. Bette holds both a BA and an MA in English Literature.

Eighth Annual Meeting and Complimentary Luncheon ***Wednesday, October 16, 12-2 pm at Wellesley College Club***

Following a buffet luncheon in the Wellesley College Club main dining room, the Nominating Committee will present the slate of officers to be elected to one-year terms and directors to be elected to three-year terms. (Information on candidates was provided as an insert to your September *Newsletter*.)

President Ilse Sangree will speak after the election, and Treasurer Ralph Adler will present a financial report. Executive Director Joyce Wadlington will lead a discussion of "What's On Your Mind?" to conclude the meeting. ***Be sure to make your reservation!*** Call 781-283-0417, ext. 2, or email events@wellesleyneighbors.org. We hope to see you there!

From the President: Autumn



The leaves on the trees are still green, and, yet it is fall. You can smell it and you can feel it. Looking back, this has not been a good year. Four dear members have left us for good: Eddie Donlon, Bob Geiser, Alan Slawsby, and Walter Sangree.

We will miss them all, and we will find comfort in our friends at Wellesley Neighbors. We will remember them together. As the leaves will turn a warm red and gold we will welcome the beauty of autumn and be grateful for all we had and still have.

Ilse

From the Executive Director: Reach Out



The Massachusetts Healthy Aging Data Report was updated in December 2018 by the Gerontology Institute of the John W. McCormack Graduate School of Policy and Global Studies at the University of Massachusetts, Boston. Researchers noted that MA residents over 65 treated for depression rose to 31.5 percent from 28.6 per cent in 2015.

Diagnoses ranged from seasonal affective disorder to major disorder where people were suicidal, stopped eating, had difficulty getting out of bed, etc. Stressors

were loneliness, financial problems, chronic disease, and—for people who worked—the need to find new ways to feel valued.

The next time you access our website, note the third line at the top of the main page: Caring Connection Community. As an organization, we strive to demonstrate these behaviors. I've received very positive feedback from members who received a 'How are you, what's new?' call or email, some companionship and comfort, or an invitation to go to an event together. Gestures matter, so please take a minute and reach out to a member you believe is experiencing some stress or might just need to hear a friendly voice.

Joyce

September Service and Support



Service Requests: 2 (lawyer, assisted living facility)

Support Requests: 8 (rides)

To request service or support, call Joyce at 781-283-0417, ext. 1.



HELP WANTED!

Wellesley Neighbors previously had a "friend of a friend" who did our annual tax form reports for a nominal fee, but his service is no longer available. "A volunteer is desperately needed to take over this important, basically once-a-year task that complements and certifies the work of the WN treasurer," says Ralph Adler, current treasurer. "It's a matter of using the financial information from the WN QuickBooks on-line account to complete the federal and state forms. Bookkeeping or accounting experience would be useful but not necessary."

If you can volunteer or recommend someone, please get in touch immediately with Ralph at 781-237-5666 or ralphadler@comcast.net

Staff: Jean Boyle, Mickey Goldin, Marcia Goldsmith, Curt Martin, Lucy Phillips, Ann Swanson, Ruth and Stan Treitman

Ruth and Stan Treitman: Hail and Farewell!

The many contributions to Wellesley Neighbors made by founding members Ruth and Stan Treitman have been noted in this publication over the years. As they depart from Wellesley and WN to begin a new stage in their lives at NewBridge on the Charles, we would like to pay tribute to them once more. Both Stan and Ruth have singular talents, and have applied them to their service to WN. As Stan has succinctly put it, "If it was technical or activities-oriented, we were the go-to people."

Their contributions have been legion, but a partial list will suffice to underline how much they have done for WN. Ruth has been a member and chair of important committees, held the office of treasurer, managed the calendar pages of the website, written and sent out blasts about WN activities, and much more.



Not only did Stan serve on numerous committees, but he has also been a member of the board, served as treasurer, set up the telephone systems, managed the web site, and computerized WN operations. More than that, he has helped countless members with computer and

other technical problems, often in their homes.

Both Stan and Ruth were involved early on with recruiting new members, and together, they performed yeoman service in preparing, printing and distributing the monthly newsletter.



But what they have done is much more than the sum of their particular achievements; they have embodied the very spirit of Wellesley Neighbors: service and support. Nothing better demonstrates this than how they themselves reflect on their years as members of WN. For them it was all about helping others, and this is exactly what they did—in spades.

What is important, Ruth says, "is the ability to help someone else, not have someone help me. But," she adds, "if I can help somebody else, it helps me too." All their many activities fit comfortably under that rubric. Ruth and Stan have made many close friends at WN, and have been close friends to many of us.

Thank you, Ruth and Stan!

C.M.

The photo at right appeared with WN info as a free ad in the Boston Globe on Sunday, September 15, as we requested—courtesy of our Globe subscribers whose selection of WN made this possible through GRANT (Globe Readers and Non-Profits). We hope they will use the next round of vouchers to select WN again. We might even take a new picture...!



Come Walk With Us! Tuesday and Thursday walking groups are eager to have members join us. We meet at 10 am for a 50-minute walk, and depending on who has come, we split into small groups of those who wish to walk faster or slower. Some of us do not stay for the whole 50 minutes, depending on energy and other commitments.

The **Tuesday group** meets at the indoor track at the Sports Center of Wellesley College (parking in the garage near the Wang Center) and walks on the track or, on nice days, outside on campus paths. The **Thursday group** meets at the back door the Wellesley Free Library and walks on the Brook Path. In inclement weather we meet at the Natick Mall, in front of Dunkin' Donuts, and circle the mall twice. To receive weekly email notices, contact Charlotte Sanner, charlotte.sanner@gmail.com for the Tuesday group, or Debbie Slocum, deborahsslocum@gmail.com for the Thursday group.

Sara-Jane Green

Health Support Committee: “Stay or Go” Panels on Housing Options to be Shared with a Wider Audience

If you missed the “Stay or Go” panels in May (on whether or not to enter a retirement facility), you’ll soon have another chance, along with the community at large. The WN Health Support Committee will partner with the Wellesley Free Library (WFL), to present the “Stay Panel” Tuesday, October 15, 3 to 4:30 pm, at the Wakelin Room of the library’s main branch. The “Go Panel” will be Tuesday, October 29—same time, same place. Mark your calendar! Bring a guest!

The Stay Panel includes WN members Lee Delph, Hank Solomon, Sharon Clark, and Parky Damon, who will discuss their decision to stay in their homes for the foreseeable future—to “age in place.” They’ll describe ways to make a home and lifestyle more “elder friendly”

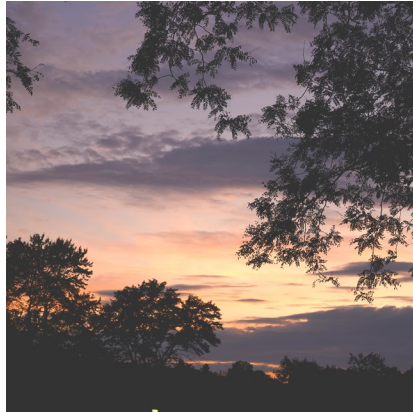
with monitoring systems, helpful equipment, and major or minor renovation.

The October 29 Go Panel is not yet complete but will include Nancy Amstutz, sharing research she’s done on local retirement places. Stan Treitman will talk about his move with Ruth to Newbridge on the Charles.

WN is working with the library to publicize the panels, but everyone can help spread the word. While serving our community, the panels can raise local awareness of who we are. They can keep our membership growing. Even members who attended the panels in May can profit from attending again, especially as panels have new participants.

Happenings

At right, a last glimpse of summer: sunset at Thirsty Thursday and a Men’s Lunch outdoors—both on the WCC terrace. Below, members toured the Olmsted house in Brookline and had a Chinese lunch afterwards at Bernard’s in Chestnut Hill. Many thanks to the member who shared her Peking duck appetizer!



For more photos of these and other events, log onto our home page and click on “Photo Albums” under “Documents-Photos.” Contribute your own photos to the albums by sending them to bslavinb@gmail.com.

October Events Calendar

October 2019

Tues. Oct. 1, 3:30 pm, Boston Sports Institute Tour

Discover Wellesley's spectacular new sports complex

Wed. Oct. 2, 5:30 pm, Women's Night Out at CPK

California cooking in Wellesley

Thurs. Oct. 3, 12:30 pm, Men's Lunch

A perennial favorite at WCC

Tues. Oct. 8, 11 am, Encore Boston Harbor visit

This luxury casino tour includes lunch

Thurs. Oct. 10, 5:30 pm, Dinner at Buttercup, Natick

Owned by the hosts of The Farmhouse, Needham

Sun. Oct. 13, 3 pm, Wellesley Chamber Players, Dana Hall School

Their first Concert of the new season

Tues. Oct. 15, 11 am, docent-led Moakley Courthouse Tour, Boston

Learn about federal court history and this magnificent building

Tues. Oct. 15, 3-4:30 pm, First of two "Stay or Go" panels presented by WN and WFL

Panel will explore ways to stay in our own homes—to make them "elder friendly"

Wed. Oct. 16, 12 noon, Annual WN meeting and Complimentary Lunch, WCC

After the buffet luncheon, the meeting includes elections and Q&A

Tues. Oct. 22, 12 noon, Papa Razzi lunch

Stylish Italian fare in Wellesley Hills

Tues. Oct. 22, 7 pm, Speaker Series: Bette Lehman on Philip Roth, WCC

Refreshments at 7 pm and program at 7:30 pm

Sat. Oct. 26, 6 pm, Pot luck dinner (sign-up by Oct. 23)

A good way to get to know each other

Sun. Oct. 27, 2 pm, Walnut Hill musical (sign-up by Oct. 19; check or cash at door)

"Let it Be," a tribute to the Beatles career, Natick

Tues. Oct. 29, 3-4:30 pm, Second "Stay or Go" panel presented by WN and WFL

Panel will explore the option of going into a retirement community

Thurs. Oct. 31, 12 noon, Lunch at The Cottage, Wellesley

Another visit to this popular restaurant

Sun	Mo	Tue	We	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Early November Events

Wed. Nov. 6, 11:30-3 pm La Boheme at Wellesley Community Center (formerly Sat. Sept 14)

Wed. Nov. 6, 5:30 pm, Women's Night Out at CPK; Thurs, Nov. 7, Men's Lunch at WCC

Please register for events so planners can provide enough seating and refreshments. Register on our website or email events@wellesleyneighbors.org OR call 781-283-0417. (Use same email or phone number to cancel.) NOTE: Times and dates may change—watch for email blasts.

October Newsletter

Wellesley Neighbors
888 Worcester Street Suite 260
Wellesley, MA 02482

Board of Directors 2019

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