Wellesley Neighbors Dover Natick Needham Wellesley Weston

Newsletter

Volume 8 Number 7 July 2016

Classical Pianist Bice Horszowski Tuesday Evening, July 26, 7:00 pm, Wellesley College Club



Compositions by J.S. Bach, Mozart, Schubert, Schumann and Mendelssohn will be on the program when internationally known pianist Bice Horszowski performs for Wellesley Neighbors and guests on Tuesday evening, July 26, at the Wellesley College Club.

Returning to play for us for the fourth year, Bice is a good friend of Debbie and Joel Slocum. A resident of Genoa, Italy, she is the widow of the internationally renowned Polish pianist Mieczyslaw Horszowski and is a highly accomplished pianist in her own right. Bice started piano lessons at the age of seven and has been concertizing on a regular though limited basis since 1956.

Those of you who have attended Bice's recitals in the past three years know what a great treat awaits you. To join us for this special occasion and delightful evening of music, make your reservation(s) by emailing events@wellesleyneighbors.org or calling 781-283-0417, ext. 2, or signing up on our website.

From the President: A Slight Dues Increase

Wellesley Neighbors' dues will be going up slightly beginning July 1. Why did the Board vote for the dues increase? The reason is that our expenses are going up, primarily for our Executive Director's time. When we opened 4 ½ years ago, we had 113 members and we hired Joyce for 20 hours per week. At last count, we had 146 members and

greatly increased service and administrative demands. Therefore, before I took over as President, I began a review of Joyce's time and found that she had been working substantial extra hours each week in order to meet the increased needs. After reviewing WN's needs and its budget, in January the Board increased her time by 5 hours per week.

Continuing the increase for fiscal year 2016-2017 would leave WN with a budget deficit of \$8,527. To cover that deficit entirely by a dues increase would mean a substantial jump in dues, which the Board wanted to avoid. Through careful financial stewardship and some serious fundraising efforts



(think of the jewelry sales and our Whole Foods fundraiser, plus some incredible generosity from members) the Board has managed since we opened to save a little more than one year's expenses (meeting our goal).

In order to avoid a substantial increase in dues all at one time, the Board decided to fund approximately 2/3 of

the next year's deficit from those savings, and to increase dues only to cover the remaining one third. We will still retain close to a year's worth of operating costs in the bank, as good management would dictate. The other concern of the Board was to keep the rate of increase approximately the same for households and individuals, rather than have individuals have the same dollar amount of increase. Thus, individual dues will be increased by \$20/year and household dues by \$30/year. We hope that members will understand both the need to raise dues and the Board's desire to make sure that increases are not too burdensome.

Meet Mary Thompson



"All it takes is your letting us know," said President Nancy Gans in her message last month. She was talking about how WN members can assist each other. Mary Thompson, a founding member

who is now 93, shows how this can work. (Above, she poses with her portrait at age three.)

Like all of us, Mary takes pride in being selfsufficient—and she is, in many ways. She has her own apartment and socializes with neighbors. She is alert, lively, and walks well with a cane. But she can no longer drive, and walking is hard because her apartment is on a steep hill (no problem when she moved there 15 years ago). Two of her three children live in New England, but none nearby.

Luckily, through requesting WN rides, she has found a self-styled "buddy" who keeps her informed about WN activities (Mary has no computer) and routinely provides transportation—or lines up another driver. Similarly, someone at Mary's church has lined up church members who take turns bringing her to services.

These small helps mean that Mary can go on with her interesting life. She grew up in Cambridge where her father was with Harvard University. Her late husband Cameron was also an academic. Mary went to Vassar and tutored Wellesley children in reading while her own three went to the Wellesley Schools. She loves reading and music, her book club, and WN events like the spring dinner and the Trefler tour. In summer she enjoys the family property in New Hampshire. "It was purchased by my great-grandfather," she says. "He was a minister, with little money, but land in those days was sold for cents—not dollars—per acre!"

WN members who need short-term or ongoing help --or would like to help others--can make arrangements among themselves or call Joyce for assistance.

L.P.

Getting Rid of Unwanted Phone Calls

For some years now, my landline phone seems never to stop ringing, particularly at mealtimes. The callers aren't my friends or colleagues: they are Unavailable, have numbers I don't recognize, or live in towns where I don't know anyone. Almost always they are telemarketers or robocalls offering me mortgage discounts, or paid callers for charities (who would collect 80% or more of my contribution for themselves), or (worst of all) scammers who want to fix my computer, have me pay penalties to the IRS or the Treasury Department, or sell me policies I don't need. Recently I've received a few such calls on my cell phone! There's no way to stop these nuisance calls altogether, but you can get rid of most of them by using the following strategies:

- Get caller ID and don't answer the phone if you don't recognize the caller's name. If the caller is legitimate, he or she will leave a message.
- Sign up for no more robocalls at nomorobo.com.
- Use the call blocker feature available on most newer landlines: scroll through the menu to Save Number, which will allow you to save or block the number; choose block. Cell phones also have call blocking features: select the offending number under Recent Calls, save it, and then block it.
- Read this message from the Social Security Administration about phone scams: http:// blog.socialsecurity.gov/dont-be-a-scam-victim-youre-in-control/

From the Health Support Committee: An Invitation to Begin "The Conversation"

Would it surprise you to know that 90 percent of people agree we should talk with loved ones about end-of-life wishes—but only 27 percent have done it? So says a 2012 survey in California, but even in practical New England, many of us are still working up to the challenge.

Dr. Jerry Goldberg recently spoke about The Conversation Project, which encourages such communication with immediate family. (IMPORTANT: What follows applies also to people without children, who can share end-of-life wishes with close siblings, old friends, clergy, or physician.) His May 19 talk was a nuts-and-bolts sequel to two fall presentations by Rabbi Herman Blumberg. All three programs were sponsored by our Health Support Committee.

A crucial first step in sharing end-of-life wishes is to *clarify them for yourself*. As a guide, Dr. Goldberg took us through the Conversation Starter Kit, which can be downloaded from http://bit.ly/1f3tbcA. Other kits include one on end-of-life talks with your doctor, now covered by Medicare.

The Conversation Starter Kit asks questions to help us to examine our feelings and wishes. Informal and low-key, it can afterwards guide our group discussion and could be sent to participants ahead of time, to start them thinking. Ideally, The Conversation will be the first of a series. If immediate family, it will include all the children and their spouses and perhaps older grandchildren--but preferably not at a holiday gathering. It can take place at home or elsewhere.

Dr. Goldberg suggested a restaurant to dampen potential fireworks! But they can also be minimized by setting ground-rules, e.g., favoring questions over statements and advice.

Each of us must decide the who, where, and when, based on our unique situation. For example, those with scattered children might want to have The Conversation separately with each one, taking a few notes to be shared later with the group. The important thing is to begin the process, knowing that whatever happens will be a step forward in peace of mind.

L.P.

Successful iPhone Photography Class



"Can You Guess What This Is?" and "Sound" were the themes chosen for an iPhone photography class in April taught by WN member Susan Camuti. Participants were challenged to take photos that would depict those themes, then apply special effects for artistic results.

The photo on the left by Lee Delph was originally quite different; then Lee played with special effects, leaving the viewer to guess its identity. (See Page 5 for the answer.) To the right is a photo by Jill Lyndon. She photographed a statue of a woman playing the flute, backed it with sheet music, then altered the appearance for an appealing result.



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Happenings





Top two pictures show a recent outdoor lunch at the Wellesley College Club. At near right, members learned about restoration and conservation at Treflers; far right, they toured WGBH.





The Village Movement Keeps Growing in Massachusetts

Wellesley Neighbors is one of 11 "villages" in full operation in Massachusetts, and there are five more in various stages of development. Those fully operational are:

Beacon Hill Village Cambridge at Home Carlton-Willard at Home Ethos Jamaica Plain at Home Greater Newburyport Village Lexington at Home Nauset Neighbors Neighborhood Falmouth Newton at Home Vineyard Village at Home Wellesley Neighbors

Five "villages" are forming and are in various stages of development:

Coastal Neighbors Network Groton Neighbors Northampton Village Reading Neighbors Network Sandwich Villagers

Nationwide, close to 200 "villages" are part of the Village to Village Network, with more being formed.

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July 2016 Calendar

Tue. July 5, 3-5 pm WN Board meeting non-board **RSVP** Wed. July 6, 5:30 pm Women's Night Out, California Pizza Kitchen RSVP Thur. July 7, 12 noon Men's Lunch at Wellesley College Club RSVP Fri. July 8, 10:30 am de Cordova Sculpture Garden RSVP Thur. July 14, noon Lunch for All at Wellesley College Club RSVP Wed. July 20, 10 am Tower Hill Botanical Gardens, optional lunch RSVP Wed. July 20 "Crazy For You" reservation and payment deadline Fri. July 22, 12:30 pm Petit Robert Bistro (Needham) RSVP Tue. July 26, 7 pm Piano Concert at Wellesley College Club RSVP Wed. July 27, 10:30 am FresCafé, Natick RSVP Fri. July 29, 11:30 am Lunch at Boston Public Library, 2 pm Boston Youth Orchestra Concert at BPL RSVP

Note: Times and dates are subject to change. Email notices will be sent prior to events.

- Register on the website, call 781 283-0417, ext. 2, or email events@wellesleyneighbors.org ٠
- Tell us if you need a ride or can offer a ride. ٠
- RSVP at least 24 hours before an event to ensure adequate seating and refreshments.
- Please call or email to cancel if you find you cannot attend an event. ٠
- Most events are open to non-members who would like to get acquainted with WN.

Early August 2016 Events

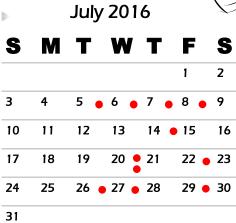
Wed. August 3, 5:30 pm Women's Night Out at California Pizza Kitchen RSVP Thurs. August 4, 12:30 pm Men's Lunch at Wellesley College Club RSVP Tue. August 9, 5:30 pm Family-style Dinner, Dumpling House, Newton RSVP Thur. August 11, 2pm "Crazy For You" Reagle Theatre, Waltham RSVP

AMAZON.COM Purchasers:	How to Contact Welles	ey Neighbors
Support Wellesley Neighbors by starting your shopping at smile.amazon.com.	Phone: Executive Director: 781 283-0417, ext. 1	Website : www.wellesle
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	President: president@wellesleyneighbors.org	888 Worceste
	Events: events@wellesleyneighbors.org	Wellesley, MA

Newsletter: editor@wellesleyneighbors.org

Answer to page 3 question:

It is a hand mower turned on its side, with cropping and changes of light and shadow.



yneighbors.org

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r St. Suite 260 02482

Newsletter by Jean Boyle, Bob Geiser, Marcia Goldsmith, Lucy Phillips, Ruth and Stan Treitman







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Wellesley, MA 02482 Wellesley, MA 02482 Wellesley, MA 02482

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"I think all this talk about age is foolish. Every time I'm one year older, everyone else is, too."

Gloria Swanson, Actress