



Report from the Nominating Committee

The Nominating Committee is chaired by Marlies Stueart (at right) and includes Claire Benfatto, Mimi Ferrell, Sara-Jane Green, Maureen Meyer, and Barbara Slavin. WN President Catherine Connor and Executive Director Joyce Wadlington are ex-officio members. See the insert for brief bios of the 2021 nominees.

WN officers serve one-year terms and can serve no more than three consecutive years in office. The slate includes President Catherine Connor, Vice-President Adele Langevin, Clerk Lucy Phillips, all incumbents, and prospective Treasurer Richard Lansing. Board members serve three-year terms and can serve no more than six consecutive years. Three who have agreed to a second three-year term are Lee Delph, Margot Lansing, and Marlies Stueart. Prospective new board members are Polly Conlon, Rosalie Gimeno, and Linda Griffith.



Voting will take place Tuesday, October 13, at the Annual Meeting. It will be conducted on Zoom. In preparation, the Board of Directors will consider an amendment to the WN by-laws at their September 8 meeting. If it's passed as expected, Article III Annual Meeting, paragraph 1, shall be amended by adding, "A quorum shall consist of 30% of the members either in person or by teleconference." (This amendment is already in place for board meetings.)

Please note that our by-laws state, "Members may propose additional candidates for officers and board members in writing and transmitted to the membership at least 15 days prior to the Annual Meeting." Any such additions should be sent to Catherine Connor.

Steve Molinsky: What I Have Learned about Language Learning Wednesday, September 30, 2020, 7:30pm on Zoom



Wellesley Neighbors member Steve Molinsky offers an encore presentation that reflects on his personal experience of trying to learn a new language. He shares insights into some unique aspects of English as well as the struggle we all face in attempting to acquire a new language.

Steve Molinsky recently retired after a 50-year teaching career at Boston University, where he was a Professor of Education in the Graduate Program in Teaching English to Speakers of Other Languages. He holds MA and PhD degrees in Linguistics from Harvard University. His primary interest is the development of innovative approaches to language teaching. He taught language methodology courses in which he worked with teachers-in-training from throughout the world. He has also traveled extensively, giving presentations around the US, Canada, Mexico, Central and South America, Japan, Korea, and China. He is co-author of more than 100 textbooks used worldwide to teach English to non-English speakers. Steve is a recipient of the prestigious Boston University Metcalf Award for Excellence in Teaching.

This Year's Annual Meeting: Tuesday, October 13, at 1 pm

Alas, "There's no free lunch" at this year's Annual Meeting, because it's on Zoom. But Wellesley Neighbors needs a good turn-out, especially as a quorum is required. Also we need your vote on the officers and new board members (see insert). Please sign up on line or call 781-283-0417.

From the President: Forgetfulness



Twenty years ago my sister confessed to me that she was becoming concerned by her need to do a lot of word searching: having to search her mind to come up with the right word; needing to pause in the middle of a sentence before finding it and completing the sentence. I only laughed and pointed out that if she thought back to when we were growing up, she would realize that both our mother and our father did this, and not infrequently. Whether because she was conditioned by their example or whether the pattern was just to insure that most descriptive word was sought for and used, it was their speech patterns she was talking about. She did have to grin and admit that they, who both died quite young, would not likely have done this because of Alzheimer's.

Today, I see no diminishment in my sister's thought processes, but I confess to noticing my own increased word searching. More importantly, I spend more time looking for where I put things down, all too often staring right at an object without seeing it. (Although I probably can be forgiven for not seeing my black I-phone on my black countertop.) When I mentioned this to a friend, she told me her story of consulting her doctor, worried that she had to search so often for such things as her keys that she wondered if she were suffering some dementia. The doctor said she should not worry about having to search, as long as, when she found the keys, she knew what to use them for. It was only when that, too, slipped that she had a real problem.

I take comfort in this, accept the minor inconveniences of age...and remember my husband's often-said phrase: "I don't want my lost youth back, I only want the time I've spent looking for things."

Catherine

EDITOR'S NOTE: HAVE YOU TRIED TED? Our president has shared a link <https://www.tedxnatick.org> that takes you to the site (just type it into your browser). You must subscribe, but this is a one-step process involving only your name, email address—and no money. Then click on one of the talks that's listed. When I tried it, I was puzzled by what I saw, but it turned out to be an ad. Just click "skip ads," and your selected talk begins. More talks are listed on that same screen. Or use "search" to find, for example, Erin Baumgartner, whom Catherine recommends for her talk, "Big data, small farms, and a tale of two tomatoes." Try it!

From the Executive Director: Villages and the COVID-19 Pandemic

The national Village-to-Village Network worked with the Harvey A. Friedman Center for Aging at Washington University to deliver an on-line survey to 287 villages regarding the effects of COVID-19 on Network members. Key findings follow:



- 86% of the participating villages reported that the pandemic had affected the Village a lot; 43% reported that they were very concerned, and 51% were somewhat concerned about the impacts of Covid-19.
- The most commonly noted challenges were: the health and well-being of members and volunteers; membership recruitment; connecting with members.
- Villages reported that membership recruitment efforts have mostly decreased (37%) or stopped (32%); 28% of villages reported the same or increased recruitment.
- Most villages reported a reduction in requests for services from members (60%).
- 70% of the villages offer virtual events; 54% reported a decline in member participation.
- 47% believe that the value of the village to members increased; 22% believe it remained the same, and 27% of responding villages believe the value had decreased.

Joyce

Meet Stu Zerner

Stu Zerner and his wife Marilyn joined Wellesley Neighbors four years ago, and he joined the Board of Directors in January of 2020. They live in Weston (our only members from that town), to which they moved from New York in 1974. "We bought a 'temporary house' there and are still living in it," Stu laughs. They once considered retirement communities, but Marilyn was not enthusiastic and, especially given the ongoing epidemic, Stu is now glad they've stayed put.



banks and pension funds, and lastly, as a general partner at Bear Stearns, where he started, managed, and grew their Boston operation. After retirement in 1985, he devoted about twenty years to charity work and served as a trustee for Beth Israel Hospital.

His interests (since giving up tennis and the gym) revolve around science and history. He reads a lot of non-fiction in these areas but is also a member of a men's book club that is focused on fiction.

He grew up in Belle Harbor on Long Island, a small place where everybody knew everybody else. Marilyn grew up not far away, and they met on the beach when he was about 20. He majored in finance at Syracuse University, and audited old contracts for the US Army during the Korean War. He then worked on Wall Street for three firms as a securities analyst, research salesperson to

Marilyn was an elementary school teacher and a realtor. She now enjoys being a student at Regis, Brandeis, and the Council On Aging. She and Stu have a son, a daughter, and a granddaughter--all living in New York--whom they miss visiting during the pandemic. **L.P.**

From the Health Support Committee: Cannabis as Medicine

Dr. Jordan Tishler, Tuesday, October 6, 3-4:30 pm



This talk about cannabis as medicine has been delayed by the epidemic but will at last take place October 6 on Zoom. Dr. Jordan Tishler will discuss what is known about cannabis and how it can help with a variety of symptoms. "There's a lot of misinformation out there, so we'll address what is true and what is

hype," he says. "We'll also look at risks and how to handle them. There will be time to answer all questions."

Dr. Jordan Tishler is a cannabis specialist. With training in internal medicine and years of practice as an ER doctor, he brings his knowledge, reason, and caring to patients at inhaleMD, located in Brookline and Cambridge.

A graduate of Harvard College and Harvard Medical School, Dr. Tishler trained at the Brigham and Women's Hospital and teaches at both the Brigham and Harvard Medical School. He has spent many years working with the underserved, particularly US war veterans. While treating countless patients harmed by alcohol and drugs, he never saw a cannabis overdose, which led him to delve deeply into the science of cannabis safety and treatment.

Dr. Tishler is a frequent speaker and author on the medical applications of cannabis. He is the President of the Association of Cannabis Specialists, which aims to educate clinicians, lawmakers, and the industry about best practices and needed tools for proper patient care.

August Service and Support



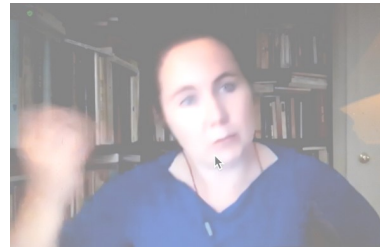
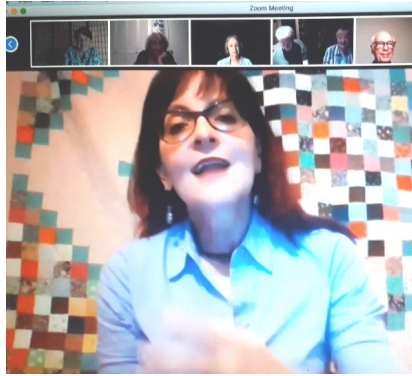
Service Requests: 3 (1 handyman, 2 tree/bush service)

Support Requests: 2 rides

To request service or support, call Joyce at 781-283-0417, ext. 1.



Happenings



We recently enjoyed an evening of story-telling on Zoom, hosted by Rachel Gans Boriskin (far left).



Some WN members with backyards are using them to bring us together. Ilse Sangree took this photo of a group in her patio—just the right number to sit six feet apart and still talk easily.

Another way to keep in touch: the Wellesley Green Cluster gathered on the WG front lawn and divided themselves into talking groups. This photo was taken before everyone arrived, gotten settled, and laid masks aside. (It's hard to talk through masks, especially with cars going by on Grove Street...)



**Wellesley Neighbors
Nomination Slate for Officers and Board Members**

Officers: 1-year terms from January 1, 2021, through December 31, 2021

President Catherine Connor moved to Natick from Illinois in 2011. Her undergraduate work in medical physiology led to graduate work in physiology/biophysics and research in electrophysiology at the University of Illinois. In 1988, Catherine accepted an administrative position with the University of Illinois' Biotechnology Center. Meanwhile, she built up a rental business that requires her to spend two or three months a year in Illinois. Over the years, she has also served on the boards of a number of nonprofit organizations. Her leisure time is spent traveling, growing vegetables, tending to the flower beds surrounding her home, and enjoying her grandchildren.

Vice-President Adele Langevin earned a bachelor's degree from the University of Rhode Island and a master's degree from Harvard University. Her career has been invested in education and organizational management, including labor relations/mediation and human resources. She recently retired as Global Director of Human Resources for Oxfam America, headquartered in Boston. Adele served 25 years in the US Navy Reserve in the field of intelligence, rising to the rank of Captain. Following the attacks on September 11, she was mobilized to active duty with the Naval Criminal Investigative Service (NCIS), Northeast Field Office, Newport, RI, and subsequently the NCIS Middle East Field Office, Bahrain. She spent eight years on the board of Harvard Vanguard Medical Associates.

Clerk Lucy Phillips was born in San Francisco, grew up in California, and graduated from Pomona College. She moved to Boston to work for Harvard Medical School and met her husband Hal who was at Harvard Business School. They came to Wellesley in 1973. Once their children were all in school, Lucy went back to work, mainly on hospital publications and PR. In the 90s, she earned an MA in linguistics at the Harvard Extension School and began freelance editing of medical research papers, a sideline she continues. When widowed in 2011, Lucy moved to Wellesley Green and joined WN. She edits newsletters for both and also enjoys cooking, reading, playing cello, and travel.

Treasurer Richard Lansing Richard Lansing grew up in Rochester, New York, and graduated from Columbia College in NYC. He took his PhD in Comparative Literature at University of California Berkeley, specializing in Italian literature. He met his wife Margot during his studies there, and then taught at Brandeis University for more than forty years before retiring and joining Wellesley Neighbors. He has continued publishing literary criticism and translations of works by Dante and other poets. His interests include music (particularly piano), swimming and reading, and he recently joined a men's book group.

(See Board Members, other side)

**Nomination Slate for Board Members
(3-year terms ending December 31, 2024)**

Polly Conlon, Rosalie Gimeno, Linda Griffith

Polly Conlon is a Massachusetts native and has lived in Wellesley for almost 20 years. She has an undergraduate degree from Regis College and graduate degrees from Simmons and Boston University. A retired librarian, she worked in middle and high schools, as well as public libraries in Massachusetts and Virginia. Polly and her ex-husband lived in Washington DC for about a decade and enjoyed sailing in the Chesapeake Bay. She's been a volunteer at the Isabella Stewart Gardner Museum for the last nine years. She loves travel, classical music, opera, theater and, of course, reading!

Rosalie Gimeno grew up in Kansas City, Missouri. She earned a BA from Drake University, an MA from Middlebury College, and a PhD from Case Western Reserve University, all with a focus on Spanish language, literature, and culture. She and her husband moved from Los Angeles to Wellesley in 1999 to be near their son and his family. Research, writing, editing, sometimes teaching, and three grandsons, along with traveling and enjoying the visual and performing arts have kept her busy. She has published studies about Medieval and Renaissance Spanish literature and taught students from grade 7 to university seniors. Until now she has divided her time between Wellesley and Madrid, Spain.

Linda Griffith grew up in Darien, Connecticut. She graduated from Goucher College with a bachelor's degree in experimental psychology and statistics. She had a 43-year career in telecommunications, business development, and sales at several companies including Nynex, AT&T, and Lucent Technologies. She and her husband moved to Wellesley in 1979 and raised their son and daughter in the Wellesley schools. Currently on the board of Wellesley Friendly Aid and the Wellesley Historical Society, she joined Wellesley Neighbors three years ago. She enjoys her beach house in Rhode Island, museums, books, travel, and spending time with her grandson Zachary.

(See Officers, other side)



September Zoom Events

Wed. Sept. 2, 5:30 pm—Women's Night Out (in)

Thu. Sept. 3, 12:30 pm—Men's Lunch

Fri. Sept. 4, 5 pm—Cocktail Hour

Wed. Sept. 9, 4 pm—Discussion of "Bling," by the Vokes Theatre
(The event page on the WN website tells how to watch the play.)

Fri. Sept. 11, 3 pm—Afternoon Tea

Tue. September 15, 11 am—Ca' d'Oro in Venice

Tue. Sept. 15—deadline for Sept. 23 event

Thu. Sept. 17, 5 pm—Cocktail Hour (note Thu., not Fri.)

Wed. Sept. 23, 11 am—Narragansett Bay Newport Exploration
Center & Aquarium*

Fri. Sept. 25, 3 pm—Afternoon Tea

Mon. Sept. 30, 7:30 pm—Speaker Series: Steve Molinsky (see p. 1)

*This tour features a biologist who will conduct a tour just for us.
Participants are requested to send \$10 by September 15 to Maureen
Donlon (see event page on the WN website for details).

Early October Events

Thu. Oct. 1, 12:30 pm—Men's Lunch

Fri. Oct. 2, 5 pm—Cocktail Hour

Tue. Oct. 6, 3 pm—Dr. Jordan Tishler on medical cannabis (see p. 3)

**Don't forget to register
for the Annual Meeting on Zoom!
It's October 13 at 1 pm.**

September 2020

Sun	Mo	Tue	We	Thu	Fri	Sat
		1	2 •	3 •	4 •	5
6	7	8	9 •	10	11 •	12
13	14	15 •	16	17 •	18	19
20	21	22	23 •	24	25 •	26
27	28	29	30 •			

Buttermilk Custard/Cheesecake

Heat oven to 325 degrees F. In a large bowl, beat 3 eggs well with 3 Tb white flour and 1/4 cup white sugar. Add a squeeze of lemon, 1 tsp vanilla, and 2 cups buttermilk. (*When I last made this, I had only 1 cup of buttermilk, so I added a cup of low-fat sour cream, and it worked fine. You could also supplement with plain yogurt. If Greek yogurt, thin it with a little water.*)

Beat well and bake in an oven-proof casserole or custard cups till lightly firm. Especially with cups, start checking for doneness after 15 minutes.

NOTES: The cookware needn't be buttered or set in a water bath, as required for many custards. Cups should be filled to the brim, because the custard puffs and then sinks a little. It's good plain or with fruit and/or whipped topping. **L.P.**

Wellesley Neighbors
888 Worcester Street Suite 260
Wellesley, MA 02482

September Newsletter

«Name»

«Street»«Addr 2»

«Town, State, Zip»

Board of Directors 2020

OFFICERS

Catherine Connor, President
Adele Langevin, Vice President
Lucy Phillips, Clerk
Ralph Adler, Treasurer

DIRECTORS

Lee Delph	Barbara Slavin
Maureen Donlon	Lauri Slawsby
Marcia Goldsmith	Hank Solomon
Sara-Jane Green	Marlies Stueart
Margot Lansing	Ann Swanson
Teri Ann Lilly	Stuart Zerner
Peter Offenhartz	